

CHILD CARE

Child Care Aware of Kansas.....	(785) 820-8232
Martin Luther King, Jr. Child Development Center.....	(785) 827-3841
Salina Child Care Association.....	(785) 827-6431
Salina/Saline County Health Department.....	(785) 826-6600
Salina Family YMCA.....	(785) 825-2151

CHILD DEVELOPMENT

Child Advocacy & Parenting Services (CAPS).....www.caps@salhelp.org.....	(785) 825-4493
Heartland Programs.....www.usd305.com/headstart.....	(785) 309-5000
Infant Child Development Program.....	(785) 452-6050

CLOTHING

Ashby House.....	(785) 826-4935
Bargain Basket.....	(785) 826-9042
Birthright of Salina, Inc.....(785) 823-3113 or 24 hour Emergency Line	(800) 550-4900
DAV Thrift Store.....	(785) 827-6477
First Presbyterian Church.....	(785) 825-0226
Goodwill Industries.....	(785) 827-8924
Salvation Army Thrift Store.....	(785) 823-1409

DISABILITY SUPPORT SERVICES

Angel Square.....	(785) 404-2442
Choices Network, Inc.....www.choicesnetwork.net.....	(785) 820-8018
Disability Planning Organization of Kansas.....www.dpok.com.....	(785) 823-3173
The Midland Group (Social Security Disability).....	(785) 309-2200
OCCK, Inc.....www.occk.com.....	(785) 827-9383

DRUGS / ALCOHOL

Central Kansas Foundation.....www.c-k-f.org.....	(785) 825-6224
IMPACT Coalition.....	(785) 825-6224
Saline County Tobacco Prevention Coalition.....	(785) 825-6224
USD 305 Prevention Specialist.....	(785) 309-4728
Innovative Solutions.....	(785) 452-9200
Ashby House.....	(785) 826-4935

EATING DISORDERS *For information regarding treatment of anorexia nervosa or bulimia*

Central Kansas Mental Health Center.....www.ckmhc.org.....	(785) 823-6322 or (800) 794-8281
After hour Emergencies.....	(785) 823-6324 or (866) 823-6380
Salina/Saline County Health Department.....	(785) 826-6600
Veridian Behavioral Health, Inc.....	(785) 452-4930 or (800) 284-6027

EDUCATION *For non-traditional high school degree or equivalency or financial education*

Consumer Credit Counseling.....www.kscacs.org.....	(785) 827-6731
Salina Adult Education Center.....www.usd305.com/SAEC.....	(785) 309-4660
Smoky Hill Education Service Center.....	(785) 825-9185
The Learning Center.....	(785) 825-0435

EMPLOYMENT / JOB TRAINING

KANSASWORKS.....www.kansasworkforceone.org.....	(785) 827-0385
North Central Workforce Solutions, OCCK, Inc.....	(785) 827-9383 x 176

EN ESPAÑOL

Catholic Charities (Caridades Catolicas)...www.catholiccharitiessalina.org.....	(785) 827-4517
CDC en Espanol SIDA & EST (Telefono para solicitador ayuda).....	(800) 232-4636
Child Advocacy & Parenting Services (Servicios de Educación y Apoyo para Niños).....	(785) 825-4493
Salina Family Healthcare Center (Centro médico y dental para familias de Salina).....	(785)825-7251
Salina/Saline Co. Health Dept. (Departamento de Salud de Salina—Saline Co.).....	(785) 826-6600
The Salvation Army (Ejercito de Salvacion).....	(785) 823-2251



Salina Family Healthcare Center

“Yellow Pages”

EXERCISE / PHYSICAL ACTIVITY / WEIGHT LOSS

Salina Parks and Recreation.....www.salina-ks.gov.....	(785) 309-5765
Salina Regional Health Center—Dietician.....	(785) 452-7000
The Salina Family YMCA.....www.salinaymca.com.....	(785) 825-2151

FAMILY PROBLEMS / COUNSELING

Catholic Charities.....www.catholiccharitiessalina.org.....	(785) 827-4517
Central Kansas Mental Health Center.....www.ckmhc.org.....	(785) 823-6322 or (800) 794-8281
First Presbyterian Church.....	(785) 825-0226
New Start Life Skills.....	(785) 827-2800
Veridian Behavioral Health, Inc.....	(785) 452-4930 or (800) 284-6027
KVC Behavioral Health.....	(785) 827-5437
Kansas Children’s Service League.....(Parents helpline).....	(800)244-5373
Child Advocacy & Parenting Services CAPS*.....	(785) 452-4493

FINANCIAL / LEGAL

Consumer Credit Counseling.....www.kseccs.org.....	(785) 827-6731
Emergency-Aid Food Bank.....	(785) 827-7111
First Presbyterian Church.....	(785) 825-0226
Kansas Legal Services.....	(785) 825-8147
Circles of the Heartland, Saline County.....	(785) 827-6731

FOOD / NUTRITION

American Red Cross.....	(785) 827-3644
Commission on Aging.....(Meals on Wheels, Salina Senior Center).....	(785) 827-9818
Emergency-Aid Food Bank.....	(785) 827-7111
Prairie Land Food.....	(800) 998-9436
Salina Rescue Mission .Free lunch 12:00-12:30 pm, Supper 6:30-7:00 pm, 7 days/wk.....	(785) 823-2610
Salvation Army.....Free supper served 5:00 to 5:45 pm, M-F.....	(785) 823-2251
Summer Food Program for ages 1-18.....Free lunch 11:30-12:00 pm, M-F at 8 sites.....	(785) 309-4715
WIC (Women, Infants & Children) Program.....	(785) 826-6602
Catholic Charities.....	(785) 827-4517

GENERAL INFORMATION

Department of Children and Family Services (DCF).....	(785) 826-8000
Salina Area Chamber of Commerce.....	(785) 827-9301
Salina Area United Way.....	(785) 827-1312
2-1-1 Kansas Dial 2-1-1 to learn more about community services	

HOUSING

Ashby House.....	(785) 826-4935
Habitat for Humanity.....	(785) 823-9331
Salina Housing Authority.....	(785) 827-0441
Salina Rescue Mission.....	(785) 823-2610

INSURANCE

KHPA—Kansas Health Wave	www.kansashealthwave.org	(800) 792-4884
Children’s Mercy Family Health Partners	www.fhp.org	(877) FHP-9363
Nurse Advice Line		(800) 347-9369
Salina Family Healthcare Center		(785) 825-7251
K-State Extension Office		(785) 309-5850

THE LAW AND YOU

28th District Community Corrections, Juvenile Intake & Assessment	(785) 826-6590
Salina Police Department	(785) 826-7210
Saline County Sheriff’s Department	(785) 826-6500 or (785) 826-6502
STOP UNDERAGE DRINKING—REPORT IT	(785) 825-TIPS
State Underage Drinking Report Number	(866) 687-8221
Kansas Lawyer Referral Service	(800) 928-3111

PREGNANCY TESTING & SUPPORT

Birthright of Salina, Inc	(785) 823-3113 or 24 hour Emergency Line (800) 550-4900
Catholic Charities	www.catholiccharitiessalina.org (785) 827-4517
Pregnancy Service Center	www.pscsalina.com (866) 970-6670 or (785) 823-1484
Salina Family Healthcare Center	(785) 825-7251

PRESCRIPTION MEDICATION ASSISTANCE

Salina Family Healthcare Center MAP Program	(785) 825-7251
Salina Family Healthcare Center Pharmacy	(785) 452-3900
Catholic Charities	www.catholiccharitiessalina.org (785) 827-4517

RAPE OR SEXUAL ASSAULT

Central Kansas Mental Health Center	www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies	(785) 823-6324 or (866) 823-6380
Child Advocacy & Parenting Services (CAPS)	Ages 15 & Under (785) 825-4493
Domestic Violence Assoc. of Central KS (DVACK)	(800) 874-1499 or (785) 827-5862
(Ages 16 & above) www.dvack@salhelp.org	
Salina Regional Health Center Emergency Dept. SANE/SART	(785) 452-7095
Veridian Behavioral Health, Inc	(785) 452-4930 or (800) 284-6027

RUNAWAYS *For shelter and/or support*

National Runaway Switchboard	(800) 786-2929
28th District Community Corrections, Juvenile Intake & Assessment	(785) 826-6590

SENIOR ASSISTANCE

Department of Veterans Affairs	(888) 878-6881 ext. 41162
Kansas Commission on Veterans Affairs	(785) 823-2862
Live At Home Solutions	(785) 823-1767
Commission on Aging	(785) 827-9818
Meals On Wheels	(785) 823-7555
Salina Senior Center	(785) 827-9818

SEXUALITY

Central Kansas Mental Health Center	www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies	(785) 823-6324 or (866) 823-6380
GLBTD (Gay, Lesbian, Bi-Sexual & Transgender) Hotline	(800) 347-8336
Salina/Saline County Health Department	(785) 826-6600
Veridian Behavioral Health, Inc	(785) 452-4930 or (800) 284-6027

SEXUALLY TRANSMITTED DISEASES (STDs) *For STD information, testing, treatment*

Salina Family Healthcare Center	(785) 825-7251
Salina/Saline County Health Department	(785) 826-6600
StatCare Family Medical Clinic—Minor Emergency Medical Center	(785) 827-6453
CDC National AIDS Hotline	(800) 232-4636
CDC Hearing Impaired AIDS Hotline	(800) AIDS-TTY
National Herpes Hotline	(919) 361-8488
National HPV Hotline	(919) 361-4848

SMOKING CESSATION

KAN-QUIT	(800) QUIT-NOW
Saline County Tobacco Prevention Coalition	(785) 825-6224

SUICIDE

Central Kansas Mental Health Center	www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies	(785) 823-6324 or (866) 823-6380
National Suicide Prevention Lifeline	(800) 784-2433 or (800) SUICIDE
Veridian Behavioral Health, Inc	(785) 452-4930 or (800) 284-6027

TEEN PARENTING

Birthright of Salina, Inc	(785) 823-3113 or 24 hour Emergency Line (800)550-4900
Child Advocacy & Parenting Services (CAPS)	www.caps@salhelp.org (785) 825-4493
Heartland Programs	www.usd305.com/headstart (785) 309-5000
Pregnancy Service Center	www.pscsalina.com (866) 970-6670 or (785) 823-1484
Salina Regional Health Center	(785) 452-7000
Salina/Saline County Health Department	(785) 826-6600
Well Child/Woman Infant Child (WIC)	(785) 826-6602

TRANSPORTATION

City Go Bus	(785) 826-1583
Children’s Mercy Family Health Partners Member Services	(800) 890-6026
LogistiCare	Nonemergent Transportation for Unicare members (866) 712-1062
Medical Transportation Management, Inc	www.mtm-inc.net/kansas (888) 240-6497
Transportation to and from medical appointments for Medicaid members	
OCCK, Inc	www.occk.com (785) 827-9383

VIOLENT BEHAVIOR

Child Advocacy & Parenting Services (CAPS)	(785) 825-4493
Central Kansas Foundation	www.c-k-f.org (785) 825-6224
Central Kansas Mental Health Center	www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies	(785) 823-6324 or (866) 823-6380
Domestic Violence Assoc. of Central KS (DVACK)	(800) 874-1499 or (785) 827-5862
New Start Life Skills	(785) 827-2800
Department of Children and Families (DCF)	(785) 826-8000
Veridian Behavioral Health, Inc	(785) 452-4930 or (800) 284-6027

VOLUNTEERING

Big Brothers Big Sisters of Salina	www.bbssalina.org (785) 825-5509
Community Access Television of Salina, Inc	(785)823-2500
Habitat for Humanity	(785) 823-9331
Salina Public Library	www.salpublib.org (785) 825-4624
Salina Regional Health Center (Summer Program)	(785) 452-7541
The Volunteer Connection	volcor@nckvs.org (785) 823-3128
The Salina Family YMCA	www.salinaymca.com (785) 825-2151

YOUTH DEVELOPMENT ORGANIZATIONS

Boy Scouts of America	www.coronadoscout.org (785) 827-4461
Girl Scouts of Kansas Heartland	www.kansasgirlscouts.org (785) 827-3679
4-H Youth Development	www.centrankansas.ksu.edu (785) 309-5850
The City	www.thecityonthenet.com (785) 827-2203
The Salina Family YMCA	www.salinaymca.com (785) 825-2151
Big Brothers Big Sisters	www.bbssalina.org (785) 825-5509
The Salvation Army	(After school program) (785) 823-2251