

CHILD CARE

Child Care Aware of Kansas.....	(785) 823-3343
Martin Luther King, Jr. Child Development Center.....	(785) 827-3841
Salina Child Care Association.....	(785) 827-6431
Salina/Saline County Health Department.....	(785) 826-6600
Salina Family YMCA.....	(785) 825-2151

CHILD DEVELOPMENT

Child Advocacy & Parenting Services (CAPS).....	www.caps@salhelp.org.....	(785) 825-4493
Heartland Programs.....	www.usd305.com/headstart.....	(785) 309-5000
Infant Child Development Program.....		(785) 452-6050

CLOTHING

Ashby House-Free Store.....	(785) 826-4935
Bargain Basket.....	(785) 826-9042
DAV Thrift Store.....	(785) 827-6477
First Presbyterian Church.....	(785) 825-0226
Goodwill Industries.....	(785) 827-8944
Salvation Army Thrift Store.....	(785) 823-1409

DISABILITY SUPPORT SERVICES

Choices Network, Inc.....	www.choicesnetwork.net.....	(785) 820-8018
Disability Planning Organization of Kansas.....	www.dpok.com.....	(785) 823-3173
Independent Connection, Inc (OCCK).....		(785) 452-9580
OCCK, Inc.....	www.occk.com.....	(785) 827-9383

DRUGS / ALCOHOL

Central Kansas Foundation.....	www.c-k-f.org.....	(785) 825-6224
USD 305 Prevention Specialist.....		(785) 309-4728
Innovative Solutions.....		(785) 452-9200
Ashby House.....		(785) 826-4935

EATING DISORDERS *For information regarding treatment of anorexia nervosa or bulimia*

Central Kansas Mental Health Center.....	www.ckmhc.org.....	(785) 823-6322 or (800) 794-8281
After hour Emergencies.....		(785) 823-6324 or (866) 823-6380
Salina/Saline County Health Department.....		(785) 826-6600
Veridian Behavioral Health, Inc.....		(785) 452-4930 or (800) 284-6027

EDUCATION *For non-traditional high school degree or equivalency or financial education*

Salina Adult Education Center.....	www.usd305.com/SAEC.....	(785) 309-4660
Smoky Hill Education Service Center.....		(785) 825-9185
The Learning Center.....		(785) 825-0435

EMPLOYMENT / JOB TRAINING

KANSASWORKS.....	www.kansasworkforceone.org.....	(785) 827-0385
North Central Workforce Solutions, OCCK, Inc.....		(785) 827-9383 x 176
Vocational Rehabilitation (DCF).....		(785) 826-8000

EXERCISE / PHYSICAL ACTIVITY / WEIGHT LOSS

Salina Parks and Recreation.....	www.salina-ks.gov.....	(785) 309-5765
Salina Regional Health Center—Dietician.....		(785) 452-7000
The Salina Family YMCA.....	www.salinaymca.com.....	(785) 825-2151

FAMILY PROBLEMS / COUNSELING

Catholic Charities.....	www.catholiccharitiessalina.org.....	(785) 825-0208
Central Kansas Mental Health Center.....	www.ckmhc.org.....	(785) 823-6322 or (800) 794-8281
Child Advocacy & Parenting Services CAPS*.....		(785) 825-4493
Veridian Behavioral Health, Inc.....		(785) 452-4930 or (800) 284-6027



Salina Family Healthcare Center

“Yellow Pages”

FINANCIAL / LEGAL

Consumer Credit Counseling.....	www.kscccs.org.....	(785) 827-6731
Emergency-Aid Food Bank.....		(785) 827-7111
Kansas Legal Services.....		(785) 825-8147
Circles of the Heartland, Saline County.....		(785) 827-6731

FOOD / NUTRITION

Ashby House-Free Store.....	(785) 826-4935	
Catholic Charities.....	(785) 825-0208	
Commission on Aging.....	(Meals on Wheels, Salina Senior Center).....	(785) 827-9818
Emergency-Aid Food Bank.....		(785) 827-7111
Emmanuel Foursquare Church.....		(785) 825-1943
Salina Rescue Mission.....	Free lunch 12:00-12:30 pm, Supper 6:30-7:00 pm, 7 days/wk.....	(785) 823-2610
Salvation Army.....	Free supper served 5:00 to 5:45 pm, M-F.....	(785) 823-2251
WIC (Women, Infants & Children) Program.....		(785) 826-6602

GENERAL INFORMATION

Department of Children and Family Services (DCF).....	(785) 826-8000	
Salina Area Chamber of Commerce.....	(785) 827-9301	
Salina Area United Way.....	(785) 827-1312	
2-1-1 Kansas Dial 2-1-1 to learn more about community services		

HOUSING

Ashby House.....	(785) 826-4935
Habitat for Humanity.....	(785) 823-9331
Salina Housing Authority.....	(785) 827-0441
Salina Rescue Mission.....	(785) 823-2610

INSURANCE

Kancare.....	www.kancare.ksorg.....	(800) 792-4884
K-State Extension Office.....		(785) 309-5850
Marketplace Call Center.....		(800) 318-2596
Salina Family Healthcare Center.....		(785) 825-7251

THE LAW AND YOU

28th District Community Corrections, Juvenile Intake & Assessment.....	(785) 826-6590
Salina Police Department.....	(785) 826-7210
Saline County Sheriff's Department.....	(785) 826-6500 or (785) 826-6502
STOP UNDERAGE DRINKING—REPORT IT.....	(785) 825-TIPS
State Underage Drinking Report Number.....	(866) 687-8221
Kansas Lawyer Referral Service.....	(800) 928-3111

PREGNANCY TESTING & SUPPORT

Catholic Charities.....	www.catholiccharitiessalina.org.....	(785) 825-0208
Pregnancy Service Center.....	www.pscsalina.com.....	(866) 970-6670 or (785) 823-1484
Salina Family Healthcare Center.....		(785) 825-7251

PRESCRIPTION MEDICATION ASSISTANCE

Salina Family Healthcare Center MAP Program (785) 825-7251
Salina Family Healthcare Center Pharmacy (785) 452-3900
Catholic Charities www.catholiccharitiessalina.org (785) 825-0208

RAPE OR SEXUAL ASSAULT

Central Kansas Mental Health Center www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies (785) 823-6324 or (866) 823-6380
Child Advocacy & Parenting Services (CAPS) Ages 15 & Under (785) 825-4493
Domestic Violence Assoc. of Central KS (DVACK) (800) 874-1499 or (785) 827-5862
(Ages 16 & above) www.dvack@salhelp.org
Salina Regional Health Center Emergency Dept. SANE/SART (785) 452-7095
Veridian Behavioral Health, Inc (785) 452-4930 or (800) 284-6027

RUNAWAYS *For shelter and/or support*

National Runaway Switchboard (800) 786-2929
28th District Community Corrections, Juvenile Intake & Assessment (785) 826-6590

SENIOR ASSISTANCE

Department of Veterans Affairs (888) 878-6881 ext. 41162
Kansas Commission on Veterans Affairs (785) 823-2862
Live At Home Solutions (785) 823-1767
Commission on Aging (785) 827-9818
Meals On Wheels (785) 823-7555
Salina Senior Center (785) 827-9818

SEXUALITY

Central Kansas Mental Health Center www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies (785) 823-6324 or (866) 823-6380
GLBTD (Gay, Lesbian, Bi-Sexual & Transgender) Hotline (800) 347-8336
Salina/Saline County Health Department (785) 826-6600
Veridian Behavioral Health, Inc (785) 452-4930 or (800) 284-6027

SEXUALLY TRANSMITTED DISEASES (STDs) *For STD information, testing, treatment*

Salina Family Healthcare Center (785) 825-7251
Salina/Saline County Health Department (785) 826-6600
StatCare Family Medical Clinic—Minor Emergency Medical Center (785) 827-6453
CDC National Hotline (800) 232-4636
CDC Hearing Impaired Hotline (800) AIDS-TTY

SMOKING CESSATION

KAN-QUIT (800) QUIT-NOW
Saline County Tobacco Prevention Coalition (785) 825-6224

SUICIDE

Central Kansas Mental Health Center www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies (785) 823-6324 or (866) 823-6380
National Suicide Prevention Lifeline (800) 784-2433 or (800) SUICIDE
Veridian Behavioral Health, Inc (785) 452-4930 or (800) 284-6027

TEEN PARENTING

Child Advocacy & Parenting Services (CAPS) www.caps@salhelp.org (785) 825-4493
Heartland Programs www.usd305.com/headstart (785) 309-5000
Pregnancy Service Center www.pscsalina.com (866) 970-6670 or (785) 823-1484
Salina Regional Health Center (785) 452-7000
Salina/Saline County Health Department (785) 826-6600
Well Child/Woman Infant Child (WIC) (785) 826-6602

TRANSPORTATION

City Go Bus (785) 826-1583
Kancare-Amerigroup Member Medical Transportation (800) 600-4441
Kancare Sunflower Member Medical Transportation (877) 644-4623
Kancare United Healthcare Member Medical Transportation (877) 542-9238

VIOLENT BEHAVIOR

Child Advocacy & Parenting Services (CAPS) (785) 825-4493
Central Kansas Foundation www.c-k-f.org (785) 825-6224
Central Kansas Mental Health Center www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies (785) 823-6324 or (866) 823-6380
Domestic Violence Assoc. of Central KS (DVACK) (800) 874-1499 or (785) 827-5862
Department of Children and Families (DCF) (785) 826-8000
Veridian Behavioral Health, Inc (785) 452-4930 or (800) 284-6027

VOLUNTEERING

Big Brothers Big Sisters of Salina www.bbssalina.org (785) 825-5509
Community Access Television of Salina, Inc (785) 823-2500
Habitat for Humanity (785) 823-9331
Salina Public Library www.salpublib.org (785) 825-4624
The Volunteer Connection volcor@nckvs.org (785) 823-3128
The Salina Family YMCA www.salinaymca.com (785) 825-2151

YOUTH DEVELOPMENT ORGANIZATIONS

Boy Scouts of America www.coronadoscout.org (785) 827-4461
Girl Scouts of Kansas Heartland www.kansasgirlscouts.org (785) 827-3679
4-H Youth Development www.centrankansas.ksu.edu (785) 309-5850
The City www.thecityonthenet.com (785) 827-2203
The Salina Family YMCA www.salinaymca.com (785) 825-2151
Big Brothers Big Sisters www.bbssalina.org (785) 825-5509
The Salvation Army (After school program) (785) 823-2251